## **Kayak Water Polo**

This game is a mixture of ultimate Frisbee, football and water polo. Essentially, you pass around the ball (a football) to your teammates and try to throw it into the goal on the other side of the field. While defense tries to stop the forward progression.

There is no game time length limit or stops. Game progresses till one team has achieved 5 points.

Minimum size for teams 3 on 3 but can be up to 6 on 6. As long as there are equal number of participants on both sides.

## Rules:

You can only move the ball by passing. Therefore, when you have the ball you are to remain in place until you pass to another team member. You cannot move the ball by carrying it and paddling forward.

Offense progress must be at least 10'

Defense can use hands or paddles to deflect ball progress and try to cause a turnover

There are no set positions of players, all players are free to move about the entire area of play

- Also, there is no goal tending. All players must remain 10' from the goal.

If ball ever falls into the water, it is a live ball and either team can claim possession

Defense cannot make contact with the ball holder or receivers. Defense must maintain a 4' gap from edge of ball holder's boat. However, defense can be as close as they wish to guard receivers as long as there isn't contact (we don't want to damage any boats or paddles).